

Chemical Skin Peels

Information Sheet

What are chemical skin peels?

Chemical peels are one of the most commonly used procedures in skin rejuvenation. A favourite with patients this treatment involves applying a chemical agent to the skin, producing a "controlled accelerated exfoliation" which leads to a tighter, fresher smoother skin.

Skin Peels vary in depth from superficial to deep. The deeper the peel the greater the potential for skin rejuvenation but also for down time.

What are skin peels used for?

Chemical skin peels are used to treat many conditions including; age spots, hormonal pigmentation, acne, ageing skin, uneven skin tone.

Are all peels the same?

No, different peels use different chemicals to achieve the desired results. At Advanced Aesthetics of London Ltd we offer three different types of peels. These vary in strength, and active ingredients. You will need a full consultation prior to treatment where the correct peel will be discussed dependant on the type of skin you have the skin condition you are suffering from and the desired results.

What are the side effects?

Side effects are very much dependant in the depth of the peel. Superficial peels produce transient skin redness lasting up to a few hours. Deeper peels may produce shedding or peeling of the skin and more prolonged redness.

What is involved in the treatment?

In some cases you may be asked to prepare your skin with a home care kit prior to your treatment. During the treatment the peel will be applied in layers by your Advanced Practitioner, this can feel warm but will not be painful. The treatment takes approximately 30-60 minutes and you will be asked not to apply make up for 6 hours following the treatment.

How often will I need treatments?

This depends on you and your individual skin condition. Most patients see the best possible outcome after a course of treatments, however one off peels can also be beneficial. Your practitioner will discuss this with you at your consultation prior to treatment.

How do I know my practitioner is safe?

Any practitioner providing this treatment must have specialist training, knowledge and relevant experience. Always choose a qualified advanced Nurse Practitioner, Doctor or Dentist who has a minimum of 5 years working in the field of aesthetics to perform this, or any aesthetic cosmetic procedure.



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